

ULTIMATE FITNESS SERVICES

Schedule of GX Classes
Evening Classes Only

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:00-01:00							
01:00-02:00							
02:00-03:00							
03:00pm-04:00pm							
04:30-05:30	Boxing (Kids)	Jiu Jitsu (Kids)	Boxing (Kids)	Jiu Jitsu (Kids)			
05:00-06:00							
06:00-07:00							
07:00-08:00							
08:00-09:00	Kick Boxing/King Boxing Aerobics	Circuit Training Boot Camp	Kick Boxing/King Boxing Aerobics	Circuit Training Boot Camp	Jiu Jitsu (Adult)		Jiu Jitsu (Adult)
09:00-10:00							